

MCKENNA REITZ

MOTIVATIONAL
SPEAKER &
CONSULTANT

    @MCKENNAREITZ



(419 344-0371)

MCKENNA@MCKENNAREITZ.COM

WWW.MCKENNAREITZ.COM

Forbes

TEDx

woman's day

GOOD
MORNING
AMERICA

THE
JENNIFER HUDSON
SHOW

ABOUT MCKENNA

TEDX SPEAKER, AWARD-WINNING TEACHER, ALOPECIA ADVOCATE

McKenna is a sought-after TEDx speaker, an award-winning high school AP Psychology teacher with a remarkable 18-year career, and a resilient alopecia warrior. Her journey of transformation and empowerment began with a personal challenge: losing all her hair due to Alopecia. Embracing this life-changing event, McKenna turned her struggle into a source of strength for herself and others facing similar challenges. Her approach is about reframing life's hurdles into valuable gifts and opportunities, enabling individuals to lead with confidence and purpose.

In her role as an AP Psychology Teacher, McKenna has been honored with numerous accolades, including being named the 'I Make a Difference' teacher twice. This recognition underscores her dedication to fostering growth and understanding among her students. Additionally, her tenure as a Varsity Volleyball Coach for 19 years further highlights her leadership and motivational skills, having earned the Coach of the Year award multiple times.

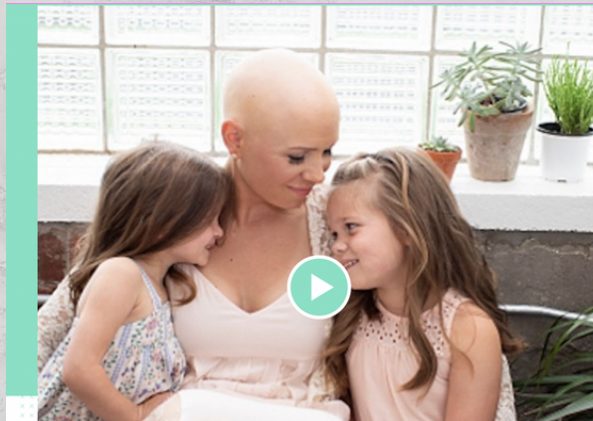
McKenna's personal life as a mother of two daughters, aged 11 and 8, and a devoted wife adds a rich layer to her professional endeavors. She brings this blend of personal and professional experiences to her speaking engagements, offering relatable and powerful insights.

Her speaking career is marked by significant achievements. She has been a featured speaker for leading organizations such as Cigna, United Way, Lightforce, and GLATA and at prestigious academic institutions like the University of Michigan, University of Toledo, and Hope College Athletics. McKenna's expertise is not confined to one sector; she is an inspirational force across various domains, assisting teams in excelling amidst challenges and change.

As a speaker, McKenna specializes in key topics that resonate with a wide audience. Her keynote titles like "Elevate Your Leadership Brand" and "Finding Your Purpose" reflect her deep understanding of personal development and leadership. These themes are not just theoretical for her; they are lived experiences she shares with authenticity and passion.

McKenna is more than a speaker and educator; she is a source of inspiration and a catalyst for change. Through her speaking engagements, teaching, and coaching, she continues to empower and inspire, demonstrating that life's challenges, when embraced, can become powerful opportunities for growth and transformation.

MEDIA APPEARANCES



WELLNESS — June 15, 2022

Mom with alopecia opens up about hair loss journey and her message to her daughters

When Mckenna Reitz was diagnosed with alopecia in 2015, she felt like her identity was being stripped away. Today she credits the autoimmune disease for helping her discover "true self-love."



Video by Will Linendoll

TOP MEDIA APPEARANCES



SIGNATURE KEYNOTES & PRESENTATION TOPICS



KEYNOTE SPEAKER



DIVERSITY, EQUITY, INCLUSION ADVOCATE



WORKSHOPS



SELF CONFIDENCE & GROWTH

LEADING WITH PURPOSE: FROM VISION TO IMPACT

Dive deep into the essence of authentic, purpose-driven leadership, merging personal triumphs with actionable insights to empower leaders with the strategies needed to inspire change and make a lasting impact in a dynamic world.

CLASSROOM CATALYSTS: IGNITING CHANGE THROUGH LEADERSHIP + SEL

This keynote explores the transformative power of educational leadership and SEL, offering strategies to turn educators into catalysts of change, fostering classrooms where leadership thrives and SEL principles nurture empathetic, well-rounded students.

FINDING YOUR PURPOSE: EMBRACING LIFE CHALLENGES

In this keynote, McKenna shares her inspiring journey as an educator, coach, alopecia warrior, and mother, illustrating how life's challenges can lead to discovering one's true purpose. She combines personal anecdotes with practical advice, empowering the audience to identify and embrace their unique purpose through self-reflection, resilience, and the integration of personal and professional experiences.



SPEAKING OFFERINGS

PANEL

Group discussion where I lend my expertise in a specific topic.

KEYNOTE

Signature talk or custom keynote session, deep dive into a topic.

WORKSHOP

Keynote plus interactive workshop.

AWARDS

COMMUNITY

BCSN TOP 20 COACHES OF THE PAST 20 YEARS

2024

DISTINGUISHED CITIZEN OF SYLVANIA TOWNSHIP

2022

DISTRICT COACH OF THE YEAR

2023, 2021, 2012

NLL COACH OF THE YEAR

2023

TOLEDO 20 UNDER 40

2021

TEACHING

I MAKE A DIFFERENCE

2023, 2020

HUMANITARIAN AWARD

OHIO PUBLIC SCHOOLS 2018

BCSN TEACHER OF THE MONTH

2017

JUNIOR PHILANTHROPIST OF THE YEAR

PROMEDICA 2016



QUICK FACTS

- ★ HIGH SCHOOL AP PSYCHOLOGY TEACHER FOR 18 YEARS
- ★ VARSITY VOLLEYBALL COACH FOR 19 YEARS
- ★ COLLEGIATE VOLLEYBALL PLAYER
- ★ MARRIED 13 YEARS WITH TWO DAUGHTERS, 12 + 8
- ★ LOST ALL MY HAIR IN JUST 3 WEEKS IN 2015 DUE TO ALOPECIA

TESTIMONIALS

"Listen to her! It's inspiring when you can connect with someone over an experience that you might never have. Learning about self-empowerment and how big of an impact it has on others and especially yourself is eye-opening. This is a once-in-a-lifetime talk, listen, engage, and reflect!"

What they are saying...

"McKenna is a bright light both on and off the stage. She is a real-life example of strength, power, and perseverance."
-JEN GOTTLIEB

AUTHOR | CO-FOUNDER SUPER CONNECTOR MEDIA

"She hits on all the things people don't really want. She speaks from the heart and isn't afraid to share her life and uses her words to get you engaged. I enjoyed hearing her talk and the points she brought up that hit home with me personally."



McKenna is a beautiful example of the power of making your mess your message. I was thrilled to share her story in Woman's Day.

MEAGHAN MURPHY
EDITOR-IN-CHIEF WOMAN'S DAY | AUTHOR



McKenna is such a force. She wears her own challenges so visibly and beautifully in a way that encourages other people to put themselves out there, to come forward, to speak up, and to go after what they want no matter what might be holding them back. She encourages you to turn your challenges into your biggest triumphs and to put yourself out there in such a big way, no matter your obstacles because you are worth it.

AMY PORTERFIELD
ONLINE MARKET EXPERT | AUTHOR



"I had the pleasure of collaborating with McKenna Reitz during a leadership breakfast at our 2024 National Kickoff meeting. Her session, centered on crafting a personal leadership brand, was truly transformative. The internal teams were captivated by McKenna's inspirational story and dynamic presentation, making her one of our top-rated speakers. McKenna's unique ability to inspire left a lasting impact on our teams."

SASHA HIBBARD
SR. DIRECTOR OF MARKETING | LIGHTFORCE



"McKenna is an excellent speaker and I highly recommend her for any organization, school or event that needs an uplifting voice, and a powerful message of compassion, truth, hope and love."

DIANA PATTON
CEO | AUTHOR | SPEAKER

VIDEO TESTMONIAL



"McKenna presented at our 2023 Women in Leadership Retreat. What a great way to help individuals reframe their own personal narrative and focus on moving forward, not looking in the rear view mirror. She is engaging and inspiring!"

--ANN SERVAIS, CIGNA HEALTHCARE



"McKenna Reitz is the ultimate professional while conducting her inspirational and helpful session for OEA-Retired and Actives. During the virtual session, McKenna strived to engage the participants by encouraging these educators to "find their It/passion" by empowering themselves and others. McKenna's demeanor and enthusiasm are very contagious."

-- Phil A. Long, OEA-R Vice Chair



Ready to book?

CONTACT MCKENNA

Thank you for considering McKenna for
your next speaking presentation!

CONTACT INFO:

EMAIL: mckenna@mckennareitz.com

PHONE: (419) 344-0371



[@mckennareitz](#)



[@mckennareitz](#)



[@mckennareitz](#)



[@mckennareitz](#)



[@mckennareitz](#)

WWW.MCKENNAREITZ.COM
